

Tried and True  
Recipes from the Fine Folks at:  
Smoking Meat Forums

<http://www.smokingmeatforums.com/>

<http://www.deejayssmokepit.net/>



meowey - Northern NY (Adirondacks)  
Smokin' Carnivore  
OTBS Member

### Meowey's Pork BBQ Rub Plus

2 tablespoons freshly ground black pepper

1 tablespoon cayenne pepper

2 tablespoons salt

2 tablespoons sugar

2 tablespoons brown sugar

2 tablespoons ground cumin

2 tablespoons chili powder

1 tablespoon cinnamon

1 teaspoon ground allspice

1/4 cup paprika

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